

Senior LinkAge Line® can make your life easier by connecting you to services 1-800-333-2433

Senior LinkAge Line® is a free information and assistance service that makes it easy for seniors and their families to find community services. With just one call you can find services near you or get help reviewing your situation to determine what service might be helpful.

Senior LinkAge Line® can help. You learn all of your options. You make the choices.

Senior LinkAge Line® can connect you with:

- Caregiver Support
- Financial Assistance
- Health Insurance Counseling
- Home Care
- Housing
- Housekeeping (Chore) help
- Indian Elder Program
- Legal Assistance
- Meal Delivery and Nutrition
- Ombudsman for Older Minnesotans
- Snow/lawn care
- Transportation
- Volunteering
- Many more...

Senior LinkAge Line® staff have special knowledge in the areas of:

- Medicare
- Prescription Drug expense assistance
- Long-term care insurance
- Caregiver issues
- Grandparents Raising Grandchildren

Contact the Senior LinkAge Line® at (800) 333-2433 or by email at senior.linkage@state.mn.us.

Calls to the Senior LinkAge Line® are free of charge, although there may be a charge for the services in your community you are referred to.

The Senior LinkAge Line® is answered from 8:00 am to 4:30 p.m. weekdays. Messages can be left 24 hours a day.

Senior LinkAge Line is a service of the Minnesota Board on Aging and the Minnesota Area Agencies on Aging.